

What to consider when developing a life care plan

What is your blueprint for your life?

- Assesses the supports that will be required, and their cost, given the individual's disabilities and desired lifestyle;
 - _____
- Identifies government benefits for which the person may be eligible;
 - Medicaid? SSI? SSDI? PUNS List funding?
- Includes a financial plan for supplementing publicly-provided services, including a special needs trust (SNT) if means-tested government benefits will be required;
 - ABLE Account? Special Needs Trust Fund? Different bank accounts for SSI and SSDI? Who will be the Payee of these accounts?
- Recommends guardianship or powers of attorney, if the individual will be unable to make important decisions independently;
 - Is guardianship appropriate? POA more appropriate? Where is the support needed? Medical, financial?
 - **power of attorney** similarly allows access to records, participation in discussions and signing authority, while not interfering with the individual's own decision-making rights.
- Suggests a letter of intent containing medical, education and personal details to guide caregivers when parents have passed away.
 - BE APART OF THE TRANSITION. Being a part of the transition is going to make that process easier. This conversation is difficult and make take multiple conversations.